

# ACTIVITIES NEWSLETTER

February - March 2019

## *This Month's Highlights*



### ST DAVID'S DAY ART

For this year's St David's Day, our activity team and the residents took advantage of the sunny weather and made salt dough daffodils in celebration. Once dried, the residents then painted their daffodils.



### DAY OUT AT CHAPTER

A big thanks to Chapter for reserving space for our activity day out. All of the residents enjoyed a lovely hot chocolate (or a half pint!) and had a great afternoon out at the centre.



### A WALK IN THE PARK

The end of February blessed us with a glimpse of sunshine which allowed us to take a lovely stroll through Thompson's Park. The residents thoroughly enjoyed feeding the ducks and seeing the fresh flowers in bloom.

## UPCOMING EVENTS

### *Coffee Morning*

Our coffee mornings will be held on **Saturday 6th April at 2:30pm** and **Tuesday 9th April at 10am**. Please speak to staff to let us know on which date you would like to attend.

### *Easter Celebrations*

Our residents have already started preparing some Easter decorations. Look out for our giant Easter eggs! Please see our weekly programmes for more details.

### *Further Outings*

Next month we are hoping to do another trip or two to Chapter Arts. Please note that all outdoor activities are weather permitting - please ask any of the activities team for more details!



# Meet the Team



## Paul

Paul has been a member of the team for nearly two years and can often be seen singing and dancing around the home. He enjoys calling out the bingo numbers.



## Jenny

Jenny is our fantastic team leader. She's bubbly and smiley all the time and enjoys getting stuck into anything artistic.



## Laura

Laura joined the activities team this February and has become a valued member of the team. Laura especially enjoys running quizzes for the residents.



Some of our wonderful staff members!  
L-R: Violeta, Alex, Adama, Thomas, Alex



Joan getting stuck into painting her daffodil!



Wrapped up warm for our trip to Chapter!



The ladies enjoying the sun!



It's not St David's Day without welsh cakes!

## Fundraising at the Romilly

Last month we held another of our monthly non-uniform day, asking for donations by staff across all departments. Thanks to our generous colleagues we have so far raised £10 of our £200 target. All the money raised will go towards hiring transport for a trip to Roath Park this summer!



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